QUICK SOURCE GUIDE (cont.)

Emergency Assistance

Catholic Charities - 814-535-6538 Community Action Partnerships

Cambria - 814-536-9031

Somerset - 814-445-9628

County Assistance Offices

Cambria - 814-533-2491

Somerset - 814-443-3681

Salvation Army

Cambria - 814-539-3110

Somerset - 814-445-9232

St. Vincent DePaul - 814-535-8521

Utility Assistance

Catholic Charities - 814-535-6538

Community Action Partnerships

Cambria - 814-536-9031

Somerset - 814-445-9628

County Assistance Offices

Cambria - 814-533-2491

Somerset - 814-443-3681

Public Utility Commission - 800-692-7380

Salvation Army

Cambria - 814-539-3110

Somerset - 814-445-9232

St. Vincent DePaul - 814-535-8521

Rent/Mortgage Assistance

Community Action Partnerships

Cambria - 814-536-9031

Somerset - 814-445-9628

County Assistance Offices

Cambria - 814-533-2491

Somerset - 814-443-3681

St. Vincent DePaul - 814-535-8521

PA Homeowners Assistance Fund: pahaf.org/ 888-987-2423 If you are with a health and human services agency, organization or program serving residents of Cambria and Somerset Counties and would like to be listed as a service provider on the PA 211 database, call us at the United Way of the Laurel Highlands.

Johnstown office

814-535-2563 422 Main Street, Suite 203, Johnstown, PA 15901

Somerset office

Email admin@uwlaurel.org 118 North Kimberly Avenue Somerset, PA 15501

To become involved in our work through supporting, advocating or volunteering, visit **www.uwlaurel.org**



United Way of the Laurel Highlands

Serving Cambria & Somerset Counties



RESOURCE GUIDE

for Cambria & Somerset Counties



Get Connected. Get Help.
Dial 211 or text your ZIP code to 898-211



Pennsylvania

PA 211 is a 24/7, professionally staffed call center that will help you find resources for a variety of health and human services needs. Care navigators are ready to help. Call, text or chat online.

Welcome to the pa211.org web chat.

How can I help you

today?



Melissa and her son were getting by on her restaurant job, **until she was laid off.** She quickly fell behind on bills, and got a shutoff notice for her electric service. Unable to pay the amount due, **she called 211** to see if she had any options.

Our Resource Navigator listened to Melissa's situation, and pointed her to local resources for utility bill assistance, support with her job search, food pantries, and a diaper bank. She also gave her a recommendation to call her electric company, to see if a payment plan was possible. Melissa called her electric company that day. Not only was she able to avoid a shutoff, but she got some of her past due balance forgiven.



"I almost didn't call, and I'm so glad I did."

- Melissa

CONFIDENTIAL help for utilities, employment, transporation, finances, food, housing and more.

QUICK SOURCE GUIDE

CAMBRIA / SOMERSET

Emergency Shelters

Martha & Mary House - 814-254-4413 Next Step Center - 814-444-8588 Women's Help Center - 814-536-5361

Mental Health Services

Crisis Hotline, Cambria and Somerset - 866-611-6467

Cambria County Behavioral Health

Cambria - 814-535-8531

Behavioral Health Services of Somerset and Bedford Counties - Somerset - 814-443-8182

Domestic Violence/Abuse & DV Shelter

Victim Services

Cambria - 814-288-4961 Somerset - 814-443-1555

Free Medical Services

Highlands Health

Cambria - 814-534-6242 Somerset - 814-443-5867

Food Pantry Information

Food For Families - 814-535-3315

Legal Services

Laurel Legal Services - 814-536-8917 SW PA Legal Services Inc. - 814-443-4615

Area Agency on Aging

Cambria - 814-539-5595 Somerset - 814-443-2681

United Way of the Laurel Highlands Diaper Bank

Call - 814-535-2563
Email - admin@uwlaurel.org
Online - uwlaurel.org/diapers