

Counseling Resources (Cambria County – Updated December 11, 2024)

Outpatient Counseling Services	Telephone Number	Web Address	Insurance Accepted
ACRP	814- 534-0745	https://acrpkids.org/programs-services/mental-behavioral-health-services/outpatient-therapy-services/	Insurance information not listed. Accept many insurances.
Behavioral Health Services	814-266-8840	http://www.mybehavioralhealth.com/	We accept payment from most insurance companies, including: <ul style="list-style-type: none"> • Access Plus • Cigna Gateway <ul style="list-style-type: none"> • Highmark Blue Cross/ Blue shield • Penn Highlands health plan • TriCare • Unison MedPlus • United Behavioral Health • UPMC
Choices Clinical Counseling	814-241-7990	https://choicesclinicalcounseling.com/	Highmark, BCBS, UPMC Commercial, Tricare, Aetna, Cigna, and Optum/United Healthcare plans are all accepted
Christian Counseling Associates of Western PA	724-396-1510	https://www.christiancounselingwpa.com/	Aetna Blue Cross/Blue Shield Highmark Medicaid/Value Behavioral Health Medicare TriCare Cigna EAP UPMC United Behavioral Health Beacon
Conemaugh Counseling	814-534-1095	https://www.conemaughphysiciangroup.com/behavioral-medicine	Insurance information not listed.

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Croyle-Nielsen Therapeutic Associates, Inc.	814-266-3196	http://www.c-nta.com/	No insurance information listed on website. Call to find out. They are able to help many people or connect with agency that can help.
Clarivda (Formerly Family Behavioral Resources)	814.262.0768	https://www.clarivda.com/pennsylvania/locations/cambria-county/	Insurance information not listed.
Footsteps Psychological Services	814-266-5238	https://www.footstepsservices.com/	Insurance information not listed.
New Day Inc.	814-535-8202	https://new-day.org/programs	Insurance information not listed.

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Nulton Diagnostic and Treatment Center	814-262-0025 814-944-4722	http://www.nulton.com/	<ul style="list-style-type: none">• Highmark• UPMC Health Plan• Penn Highlands Health Plan• Medicare• Access (Medical Assistance)• Value Behavioral Health (VBH)• Community Care Behavioral Health (CCBH)• Performcare• Magellan Healthcare• Many other insurance plans
Mount North 1105 Scalp Ave, Johnstown, PA 15904	1 (833) MOUNTN1	https://mount-north.com/	Some insurances are accepted, but credit/debit, HSA and FSA payments are accepted as well. We also offer an affordable sliding scale option.

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Safe Harbor Christian Counseling in Mid-Pennsylvania	1-800-305-2089 814-381-0755	http://www.safeharbor1.com/html/locations/Altoona-PA-Counseling-Office.php	<p>Safe Harbor Christian Counseling is an in-network provider with many insurance companies. This means that clients only pay co-pays and/or any deductible that applies at the time of service.</p> <p>For other insurance companies, there are still many instances where we can directly bill your insurance provider as an out of network provider and charge you the co-pay at the time of service. Our office staff is available at 1-800-305-2089 to take all of your information and check on benefits for you.</p>

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Westmont Family Counseling	814-536-0798	http://www.westmontfcm.org/	<ul style="list-style-type: none">• Highmark• Blue Cross/Blue Shield• United Behavioral Health• United Health Care• UPMC (commercial plans)• Aetna• Cigna• Beacon Health• Geisinger Health Plan• Life Solutions EAP• State Employees Assistance Program (SEAP)• Magellan EAP• Lytle EAP• Washington EAP• Ceridian EAP
Beck Psychotherapy	814-414-0097	http://www.beckpsychotherapy.com/index.html	Insurance Plans NOT accepted – <i>can contact insurance company about reimbursement</i>